



TCI PROGRAM IN TREE CLIMBING WITH SINGLE ROPE TECHNIQUE PROGRAM CONTENT AND OUTLINE

DAY 1

Orientation and gear check

Skills check for moving rope system (MRS)

Advantages and disadvantages of climbing with SRT

SRT Rope Setting Basics

- Tree assessment for SRT climbing
- Rope choices
- Setting ropes: things to consider
- Anchor strategies (basal vs. canopy)

Introduction to the HitchHiker XF

- Overview
- Rope angle review
- Redirects review (static and retrievable)
- Safety knot placement

Putting the HitchHiker XF into Action

- Installation
- How it works: ascent and descent
- Use with a (double-ended) lanyard
- Climbing practice using what you have learned

DAY 2

Morning: Climbing Practice

- HitchHiker installation
- Ascents and descents
- Branch walking and movement in the crown
- Redirects – static and retrievable

Afternoon: Advanced Techniques

- Resetting ground anchors to canopy anchors
- Return to plumb using redirects after lateral movement
- Fixed position redirects
- Rope setting strategies to maximize efficiency
- Climbing practice using what you have learned

Questions