



TCI® “BEYOND THE BASICS”
(Advanced) COURSE
for RECREATIONAL CLIMBERS
COURSE OUTLINE

Day 1: Technical Skills

Gear check
DRT skills check

On-the-Ground Modules

Gear

Webbing
Accessory cord
Pulleys
King grapnel
Split-tail
Foot cam

Lanyards

Daisy Rope
In-line Daisy rope
2 in 1
Hip prussik

Knots (throughout the day)

Ring bend/Water knot
Wrap 3 – Pull 2
Daisy chain
Prussik
Figure eight on a bight (review)
Safety (slip) knot (review)
Anchor hitch

Construction and use of a “false anchor”

Basket hitch
Girth hitch
Wrap 3 – Pull 2

Construction and use of a “gear load lift”

Use of the Hand Saw

Safety
Cutting
Throwing strap

High Climb

Foot ascender and foot wrap
Climbing rhythm and pacing

Day 2: Field and Tree Practice

Split-tail practice

Treetop Camping

Setting up and placement of Treeboat
Hammock
Camping
Pee bottle
Gear storage in tree
Emergency exit strategy
Food and liquids

Advanced line-setting, including “Big Shot” training

In-the-Tree Modules

Split-tail climb

In-tree use of Daisy rope and sliding
Prussik; long, short, and in-line lanyard

Branch walking

Push-outs with lanyard catch

Back-swings (controlled and uncontrolled)

Positioning